

# 2017 Gainesville Leopards Summer Strength & Conditioning Camp

June 5 – 8 No Workouts

June 12 – 15

June 19 – 22

June 26 – 29

July 3 – 6 No Workouts

July 10 – 13

July 17 – 20

July 24 – 27

July 31 – Aug 3 Open Weight Room 9:00 – 12:00

## **Girls Times**

Monday – 6 – 7pm

Tuesday – Thursday 9:00 – 10:30 am

## **Boys Times**

Monday – 7 – 8 pm

Tuesday – Thursday 10:45 – 12:30 pm

\*All athletes, high school and junior high, will work out at the high school at these designated times.

For questions please contact:

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