

Gainesville JR High Lunch Menu

February 2019

Popcorn Chicken or Chicken Nuggets, Pizza, Hamburger's, Cheeseburger's & Chicken Burgers Served Daily

Menu's are subject to change without notice.

Students must take 3-5 Components (Fruit, Vegetable, Grain, Protein, and Dairy). AT LEAST One (1) Component must be a fruit or vegetable.

Sun butter & Jelly sandwiches are available daily and offered as an alternative meal.

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1
Beef & Bean Burrito
Fruit & Cheese Salad
Tater Tot's
Fresh Cooked Broccoli
Sliced Cucumbers
Fresh Grapes
Juice
Milk

4
Salisbury Steak w/ Pasta
Brown Gravy
Beef Nacho Salad
Roll
Tater Tot's
Fresh Cooked Broccoli
Side Salad, Orange
Juice, Milk

5
Corn Dog
Turkey Ham Sandwich
French Fries
Red Peppers
Diced Pears
Juice
Milk

6
Enchilada Casserole
Mexican Rice
Chicken Ranch Salad
Roll, Pinto Beans
Tater Tot's
Zucchini Squash
Cantaloupe
Juice, Milk

7
Fish Fillet
Roll
Ham Sandwich
French Fries
Celery Sticks
Steamed Yellow Squash
Diced Pears
Juice, Milk

8
Chicken Carbonara
Spaghetti
Breadstick
Popcorn Chicken Salad
Roll
Tater Tot's, Juice
Cucumber/Tomato Salad
Corn, Milk

11
Buffalo Chicken Drumstick
Roll
Chicken Ham Chef Salad
Tater Tot's
Green Peas
Fresh Broccoli
Orange, Juice, Milk

12
Bean Nachos
Chicken Ham & Turkey
Wrap
French Fries
Mexican Rice
Red Peppers
Diced Pears
Juice, Milk

13
Parmesan Chicken
Spaghetti
Buffalo Chicken Salad
Roll
Tater Tot's, Apple
Orange Glazed Carrots
Fresh Cooked Broccoli
Juice & Milk

14
Chicken Nugget Potato
Bowl
Turkey Sub
French Fries
Celery Sticks
Green Beans
Applesauce
Juice, Milk

15
Corn Dog
Fruit & Cheese Salad
Roll
Tater Tot's
Spinach Strawberry
Salad
Corn
Fresh Grapes, Juice, Milk

18
**No School Today!
Holiday**

19
Hot Dog
Turkey Sub
French Fries
Cucumber Slices
Zucchini Squash
Diced Pears
Juice
Milk

20
Rotini Pasta w/ Marinara
Breadstick
Turkey Chef Salad
Tater Tot's
Celery Sticks
Fresh Roasted
Cauliflower
Peaches, Juice, Milk

21
Oriental Popcorn
Chicken w/ Broccoli
Plain Rice
Turkey Wrap
French Fries
Fresh Baby Carrots
Corn, Orange
Juice, Milk

22
Chili Fry Bowl
Turkey/Ham Cobb Salad
Tater Tot's, Roll
Fresh Broccoli
Side Salad
Honeydew
Juice
Milk

25
**No School Today!
Staff
Development**

26
Soft Beef Taco
Cilantro Rice
Ham Sub
Refried Beans
Red Bell Peppers
French Fries
Apricots
Apple Juice, Milk

27
Pancakes, Sausage Patty
Scrambled Eggs
Tater Tot's
Turkey & Cheese Salad
Roll
Zucchini Squash
Pear, Juice, Milk

28
Oriental Popcorn
Chicken w/ Broccoli
Plain Rice
Turkey Sandwich
Celery Sticks
Mashed Potatoes
Applesauce, Juice, Milk

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