

Gainesville JR High Lunch Menu

March 2019

Popcorn Chicken or Chicken Nuggets, Pizza, Hamburger's, Cheeseburger's & Spicy Chicken Burgers Served Daily

Menu's are subject to change without notice.

Students must take 3-5 Components (Fruit, Vegetable, Grain, Protein, and Dairy). AT LEAST One (1) Component must be a fruit or vegetable.

Sun butter & Jelly sandwiches are available daily and offered as an alternative meal.



1
Walking Nachos
Baja Chicken Salad
Tater Tots
Green Peas
Cantaloupe
Juice
Milk

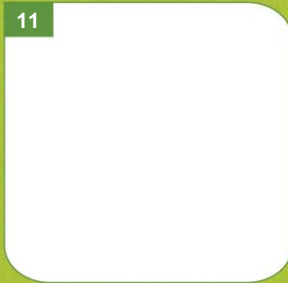
4
Max Pizza Sticks
Chef Salad
Fresh Steamed Zucchini
Squash, Roll
Tater Tots, Orange
Tomato Wedges
Fruit Juice
Milk

5
Chili Mac
Breadstick
Turkey Wrap
French Fries
Fresh Roasted Carrots
Corn, Juice
Strawberries
Milk

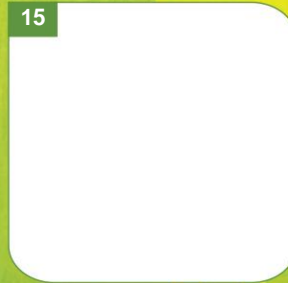
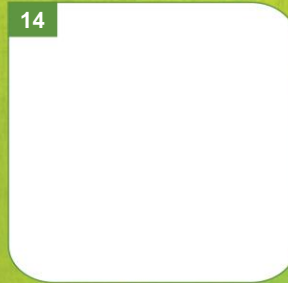
6
Oriental Chicken w/
Fried Rice
Caesar Chicken Salad
Fresh Roasted
Cauiflower
Green Beans
Watermelon
Juice, Milk

7
Spaghetti w/Parmesan
Chicken
Ham Wrap
Baby Carrots
Tomato Wedges
Diced Pears
Juice
Milk

8
Beef & Bean Burrito
Fruit & Cheese Salad
Tater Tots
Fresh Cooked Broccoli
Sliced Cucumbers
Fresh Grapes
Juice
Milk



13
Spring Break!



18
Buffalo Chicken Drumstick
Roll
Chicken Ham Chef Salad
Tater Tots
Green Peas
Fresh Broccoli
Orange, Juice, Milk

19
Bean Nachos
Chicken Ham & Turkey
Wrap
French Fries
Mexican Rice
Red Peppers
Diced Pears
Juice, Milk

20
Parmesan Chicken
Spaghetti
Buffalo Chicken Salad
Roll
Tater Tots, Apple
Orange Glazed Carrots
Fresh Cooked Broccoli
Juice & Milk

21
Chicken Nugget Potato
Bowl
Turkey Sub
French Fries
Celery Sticks
Green Beans
Applsauce
Juice, Milk

22
Corn Dog
Fruit & Cheese Salad
Roll
Tater Tots
Spinach Strawberry
Salad
Corn
Fresh Grapes, Juice, Milk

25
Meatball Vegetable Stew
Ham/Turkey Sandwich
French Fries
Cucumber Slices
Zucchini Squash
Diced Pears
Apple Juice
Milk

26
Hot Dog
Turkey Sub
French Fries
Cucumber Slices
Zucchini Squash
Diced Pears
Juice
Milk

27
Rotini Pasta w/ Marinara
Breadstick
Turkey Chef Salad
Tater Tots
Celery Sticks
Fresh Roasted
Cauliflower
Peaches Juice Milk

28
Oriental Popcorn
Chicken w/ Broccoli
Plain Rice
Turkey Wrap
French Fries
Fresh Baby Carrots
Corn, Orange
Juice Milk

29
Chili Fry Bowl
Turkey/Ham Cobb Salad
Tater Tots, Roll
Fresh Broccoli
Side Salad
Honeydew
Juice
Milk